

# SALSA CHICKEN TACOS

RECIPE FROM: More Like Home

COOK TIME: 3-4 hours on HIGH or 7-8 hours on LOW

SERVES: 4



## INGREDIENTS

2 cans black beans, drained

2 cans corn, drained

1 package taco seasoning

1 lb. chicken breasts

1 cup salsa

$\frac{3}{4}$  cup water



## DIRECTIONS

1. Combine ingredients and add to a labeled gallon-sized freezer bag.
2. Freeze for up to three months.
3. When ready to eat, thaw in fridge for 24 hours.
4. Place ingredients in a slow cooker and cook on HIGH for 3-4 hours or on LOW for 7-8 hours.